



THE EATING AS LEARNING FRAMEWORK

*18 hour CPD certified
training course for Health
Professionals*



Eating as Learning (EaL) is a family-centred, transdisciplinary feeding intervention which conceptualises feeding as a developmental skill shaped by interactions between the child, caregivers, and environment. The framework emphasises autonomy, participation, positive relationships with food, and learning-based experiences, rather than directing food intake.

Written by feeding specialists from Occupational Therapy, Speech & Language Therapy, Nutrition & Dietetics, EaL provides a framework for assessing and supporting children with feeding difficulties, differences and disorders.

Designed for healthcare professionals working in paediatric and SEND settings.

Become an

EATING AS LEARNING FRAMEWORK



Certified Practitioner



Gain the skills to assess and support children with feeding challenges through a developmental, responsive, evidence-informed approach, developed by a team of feeding therapists with extensive experience in clinical practice and research.

Hybrid-learning & certification: Two days online study, one-day in-person workshop, ongoing coaching & mentoring.

Target Audience: Dietitians, Occupational Therapists, Speech & Language Therapists, Psychologists, LD Practitioners.

Cost: £495 Option: Pay in 3 installments

Includes a free copy of EaL manual, containing ready to use therapy activities and handouts & lunch.

Booking: www.fed-foundation.org

Contact: admin@fed-foundation.org



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Feedback from 2026 trainees...

"Excellent training. Very useful information and very clear. Experienced speakers, multi-disciplinary approach and respectful to families."

"I found it immensely valuable. The depth of knowledge and practical expertise shared by the team was inspiring and I am truly grateful for the opportunity to learn from such a knowledgeable group."

"I really liked the easy style of presentation and the free flow of questions and answers. Lots of detail and the sharing of resources, experience and knowledge."

"I like that it was detailed and there were lots of examples and that it covered all professional perspectives of the training. The manual is fantastic and takes the pressure off the learning and carrying out the work itself."

"Engaging speakers and content very comprehensive delivered in a digestible format."

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