

**Half day (3 hr)
online course**

**UNDERSTANDING
FEEDING
DIFFERENCES &
DIFFICULTIES**

*For social, health &
educational professionals in
SEND & mainstream settings*

20th October 2026
09.30-12.30

Book via website:

www.feedingtrust.org

Contact:

lucy@feedingtrust.org



Course Objectives



- To understand the causes of feeding difficulties & differences in children.
- To challenge some of the misinformation around children's feeding and the barrier this creates.
- To introducing the concept of eating as a learning process, that progresses at different rates and in different ways.
- How to introduce food exploration activities, in a responsive and neuro affirming way.
- How to adapt food based activities to suit individual children's learning style and level.
- To provide hands on, practical strategies to develop children's eating skills , including what to do at mealtimes.
- Feel confident in knowing when to refer on to other professionals.

Cost:

£75

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